



HEIDELBERG
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**GERMAN CENTER FOR
RESEARCH & INNOVATION**

Deutsches Wissenschafts- und Innovationshaus

NEW YORK

The German Center for Research and Innovation and the Heidelberg University Association cordially invite you to a discussion on:

**Aging:
Changing Attitudes and Successful Coping Mechanisms**

Thursday, April 4, 2013, from 6:30 to 8:30 p.m.

with

Hans-Werner Wahl

Professor, Chair, Division of Psychological Aging Research, Department of Psychology,
Heidelberg University

and

Laura N. Gitlin

Professor, School of Nursing, Johns Hopkins University
Founding Director, Center for Innovative Care in Aging

at the

German House, 871 United Nations Plaza (First Ave. at 49th Street), New York, NY

RSVP by April 2 by clicking [here](#).

Registration required to attend. Seating is limited. Reception to follow.

With age, people confront many challenges that impact their overall well-being and longevity. Attitudes towards growing older can determine how people age and may affect their quality of life. Additionally, societal attitudes towards growing older can define how people internalize the aging process. How can we alter individual and societal perceptions about aging to positively affect health and longevity? How have attitudes towards aging changed during the past decade? How can people successfully cope with the real challenges of getting older? Please join our expert panelists as they discuss the practical implications of their research.

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Speaker Biographies:



Dr. Hans-Werner Wahl is Professor of Psychological Aging Research at the Institute of Psychology, Heidelberg University, Germany. He is also a member of the directorship of the university's Network Aging Research. He received his Ph.D. in psychology from the Freie Universität Berlin. His research activities include the understanding of the role of physical-technological environments for aging well, adaptational processes in the context of age-related chronic functional loss, processes of awareness of aging from a lifespan perspective, and intervention research. Dr. Wahl is the author or editor of 20 books and more than 200 scholarly journal articles and chapters related to the study of adult development and aging. He is co-editor-in-chief of the *European Journal of Ageing* and a member of the editorial board of *The Gerontologist*. He is also a fellow of the Gerontological Society of America (GSA) and received the 2008 Social Gerontology Award and the 2009 M. Powell Lawton Award of the GSA. He is currently a fellow of the Marsilius-Kolleg of Heidelberg University.



Dr. Laura N. Gitlin, an applied research sociologist, is a professor in the Department of Community Public Health, School of Nursing, with joint appointments in the Department of Psychiatry, and Division of Geriatrics and Gerontology, School of Medicine at Johns Hopkins University. She is also the founding director of the new trans-disciplinary initiative, the Center for Innovative Care in Aging, whose mission is to develop, test, and implement novel health-promoting interventions and models of care for older adults and their families. Dr. Gitlin is a well-funded researcher with nationally and internationally recognized programs of research on nonpharmacologic approaches in dementia care, family caregiving, functional disability, and mental health. She has received numerous awards for her nonpharmacologic programs and community partnerships. Several of her interventions for families of persons with dementia have been adopted by agencies in the United States and worldwide.